

TAKING THE CURRICULUM OUTDOORS

Tuesday 17th February 2009, Kellands School, Inverurie, 9.30am prompt start.

What to bring

Taking Learning Outdoors is an active course which involves several hours **being outdoors** in February. Please come adequately prepared for being outdoors **in all weathers** at a cold time of year. You should bring:

- Walking boots or wellies and warm woolly socks
- Wind and waterproof clothing including over trousers
- Gloves, hat, scarf
- Several layers of clothing including a thermal base layer
- Sun tan lotion (let's be optimistic)
- A spare sweater and pair of socks
- A small back pack for carrying equipment and spare clothes
- Wear comfortable clothes, which are suitable for practical activities which might get stained or dirty. No "Sunday Best" clothing for indoors or out! Do NOT wear jeans or similar cotton based trousers. They are cold when wet and take a long time to dry.

